

## 5-5-2015 Gateway Portal Day Channeling

### Transcript

© FAGU 2015

Nasrin begins: Hello everyone and welcome to 5-5-2015 the Gateway Portal Channeling in this month of May, and the full moon in this month of May. I want to tell you that Jim is travelling and hopefully he will be in a place where at some point during the course of this meditation he will join us. So I will begin with all of you by giving you a meditation. We will start together, bringing the energies of everyone in the group together as we pull our own energies in and send love, Golden Pink Love from our hearts to everyone in the group and everyone that will join us in the future, also everyone that would read the transcript.

**Grounding Meditation**-So let's take a deep breath and let's ground ourselves. And the way we ground together is that we imagine ourselves standing together on top of a big boulder rock called Uluru in Central Australia, and this red clay rock has a most amazing Energy that is nurturing and loving and pure. The aboriginals of Australia consider this their sacred site, their temple. And we connect to the Energies of this red rock because the Masters and Divine Mother tell us that all the meridians and lay lines of Earth connect and create a whirlwind of Energy right at this amazing rock, also known as Ayers Rock.

So imagine that you are standing on top of Uluru or Ayers Rock, and from the bottom of your feet you are sending beautiful roots that grow down from the bottoms of your feet and go to your Earth Crust Chakra which is 10 inches below your feet and go down your Hara Line, and they reach to the Core Crystal in the Core of the Earth and they pull the Amber Light from the Core Crystal up. And imagine that Divine Mother in all of her glory is wrapping her roots around yours, and members of the Divine Feminine Council, members of the entourage of Divine Mother, wrap their roots around ours and wrap their Hara Line around our Hara Line.

And we all together pull the Amber Life Force Energy that is Mother Earth's Life Force up the Hara Line, back to our Earth Crust Chakra, and ultimately back to the bottom of our feet and up the consciousness of the body from the feet upwards, up the legs, the thighs, the hips, the torso, up to all your organs, to your chest, up your neck, into your head. From the top of the head the Gold and Silver Cord we call the Antahkarana Cord will shoot the Energy up that cord to go all the way to the Pool of Creation.

Meantime as the Energy reaches to the surface of the Earth a tree trunk will form that connects to the roots that will maintain our energy inside of it. The bark of the tree is an Emerald Green color on the inside at the surface and then there's a layer over it which is a Plum color. It is called the Ray of Rejuvenation and it is a gift from Divine Mother to rejuvenate our bodies and regenerate our entire body and being, our 5 Body System, these 5 layers sitting on top of each other, that make our 5 Body System. With our naked eye we can only see our physical body. There are 4 layers of Energy Bodies that sit on top of our physical body.

Those who open their psychic inner vision or their Third Eye are able to actually see these Energy Bodies. When you have Kirlian photography or the type of photography that shows your Energy Bodies, your aura and auric fields, those beautiful colors around your body, you're connecting to your Etheric Body, the next level after your Physical Body. Then there's 3 more over that, and then your Light Body which is your Vehicle of Light, and it is through your Light Body that you travel.

For those of you who are coming to us for the first time, know that if you're able to follow with the instructions and have the visions or the visual images as I give the meditation, know that you are already

awakening your 5 Body System and your Light Body. And if you have difficulty seeing or envisioning, than I suggest that you think about opening the 5 Body System and possibly taking some of the courses from our Mystery School, especially the ones that open the Chakras and the ones that are about opening of the 5 Body System.

So now the Energies being pulled up through a Gold and Silver Cord, and it takes us to the Pool of Creation in the highest realms, and we all bathe in the Pool of Creation, at the same time Great Silent Watcher the Cosmic Being, and Mother of Cosmos, another Cosmic Being, they pour their Amber mixed with Gold, Amber Life Force Energy of the Cosmos given by Mother of Cosmos, Pot of Gold that is pouring Gold down, a gift from Great Silent Watcher. They mix and they pour down the Antahkarana Cord and they pour down from the Pool of Creation down the cord, back into the consciousness of the body, down the bottom of our feet to our Hara Line, all the way down the roots to the Core Crystal, this way we bring the heavens to Earth. And again it shoots up, the mixture going upward from the bottom of our feet to our body, to the top of our head, into the Antahkarana Cord all the way to the Pool of Creation, and we do this 3 times, and this we call our grounding and centering. It immediately pulls your energy in, it connects you to the higher realms, it releases and dissolves whatever you may have picked from people, places, and things and it gives you a warm fuzzy feeling. It also helps to open the channels for receiving guidance, verbal and visual from your guides, from Divine Mother, from the higher realms.

So now imagine you're bathing in a huge pool of pure, pristine Light that feels like warm waters, except it's made of Light, very fresh, very pure. And you go into the deeper part of the Pool of Creation and there's a fountain, a fountain that carries the purest of the Energy of the Pool of Creation, and you jump into the first layer of the fountain and you bathe in that.

And there's a bridge that connects that first layer out to the boardwalk that takes you to Divine Mother's Throne, and as you walk on the bridge and you come to stand on the boardwalk, imagine that there are two Angels each with a tray, one holding your ceremonial robes and the other holding your crown and your scepter. Your ceremonial robes are important because we go before Divine Mother to perform ceremony once a month.

Remember this month is very intense because it's the full moon as well as the portal, a Gateway Portal. So imagine now bedecked in your ceremonial robes, and the robes of each one of us may be different from others because it depends on who our soul lineage is, what our source is, and then you wear your crown and you hold your scepter. And together we go to stand before Divine Mother, and imagine that she opens her cape and pours her Copper Gold Light as we stand before her. Imagine that the entourage of all the Beings of Light, all these Cosmic Beings, especially those who are members of Divine Mother's own entourage are assembling around us, empowering us.

As we stand together and bathe in the Copper Gold Light of Divine Mother which is her own Soul Energy, her own Life Force, her own Signature Energy, I ask you to take a moment and pray for your loved ones, pray for peace on Earth, pray for compassion in the hearts of all species of souls, humankind, and souls of members of animal kingdom, members of plant kingdom, members of mineral kingdom. We share this Earth with these 3 kingdoms, the collective consciousness of humankind and the collective consciousness of animals, the minerals, and the plants. We have a contract and an agreement to coexist harmoniously and that harmony has been harmed, it has been disrupted, and maybe we can pray for restoration of that harmony.

Imagine that you bring in all your loved ones to Divine Mother and let them bathe in the Copper Gold Light of Divine Mother. What she's going to do for us today is very important. Take a moment and pray for everything your heart desires. You can always come back to this moment and add new intentions.

So now from the bottom of our hearts we offer a prayer of gratitude to Divine Mother for all that she does for each of us and for the opportunity to serve together in the way that we have done and we continue to do, for the good fortune and the merits that we have earned to have brought us here together. Doing this work we do together gains us great merits, and we must have gained those merits in other lifetimes and this lifetime. It takes a long time to get to a place where we are aware of not just what goes on in this mundane world and in practical terms, but to become aware of everything beyond this mundane world, and the understanding that we're much bigger than this body, much greater than this life and that there are Beings who love us and are here to help us, and that we become the spearheads, we become their representatives, we become the emissaries of their Light when we open our hearts and our minds and let them work through us, and with great joy I give you our very own Divine Mother:

### **Divine Mother begins at 16:20 minutes**

My Beloved Children of Light I'm your very own Divine Mother.

I ask you to envision that you are now magnetized to the Energies inside Divine Mother's Heart and you come and sit in the bosom of Divine Mother and absorb the Copper Gold Light into your 5 Body System and your Light Body. I ask you, as well as those loved ones you have brought before me, and **together we sit in Divine Mother's Merkaba Field and we travel from this place, the Throne of Divine Mother to the retreat of Divine Mother in the 5<sup>th</sup> Dimensional Realm. And we land just before the gateways to the retreat and the Light changes from Purple to Magenta, to Blue, Green, Yellow, Orange, Red, Magenta and Purple, at which point you are recalibrated. The gateways open and together we enter the first floor of Divine Mother's retreat and go to the center of this great hall and stand around the Sacred Fire. I ask each of you to make an offering to the Sacred Fire, offering of flower petals, spices, aromatic oils, fruit, gems, foods, and anything else that you wish to make an offering, and offer it from your heart to the Fire.**

I ask you to look up and see that Divine Mother's Throne is shining its Light upon you and on either side of the Throne Lord Shiva and Goddess Shakti are seated. I also ask you to envision on either side of Lord Shiva and Goddess Shakti Master Jesus and Mother Mary reside. We acknowledge their presence by bowing down to them. And once we have made the offerings I ask you to follow me as we go behind their Throne, pulling the curtains to then see a double gold doorway, beautiful ornate wooden doors with painted glass, tiffany style painted glass. The doorways open, the Angels hold the doorways open and now we go into the great room behind Divine Mother's Sacred Fire where 12 Cosmic Guardians have been residing, and those of you who have been working with me now for a few years remember these 12 Cosmic Guardians.

Before we go to take our place at the center, I ask you to look at this scene and envision this scene the way you remember it, and if you are new to this experience I ask you to **imagine that there's a circle with 12 pairs of Beings standing around the circle. I will begin with the position - #12 there is a Cosmic Being, a Guardian who stands towering over an Aspect of Divine Mother, who is seated. They both wear ceremonial robes of Cobalt Blue colored Light. The robes are made of Light but to your eyes they look like robes. They're emanating Cobalt Blue, it is the Signature Energy, the symbol of Power and Protection. This pair of Beings situated in the position of 12.**

**In the position of 1 – there's a pair of Beings, a Cosmic Guardian towering over an Aspect of Divine Mother both of them wearing ceremonial robes that emanate a Pearlescent Fuchsia Pink Light and they are Guardians of Prosperity. The Light of Prosperity for present juncture on Earth is a Pearlescent Fuchsia Pink Light.** That means when you come before these Beings and when you envision yourself engulfed with their Light you are pulling the Energy of Prosperity to yourselves. The reason why a Cosmic Guardian is towering over an Aspect of Divine Mother is because these Cosmic Guardians bring the Light from its highest source. An Aspect of Divine Mother sits with them, steps

down that Energy to make it capable of energizing you. By stepping down, I mean it will then become absorbable and digestible by your 5 Body System and your Light Body, otherwise that Light would be too much for you, position of 12, position of 1, Power and Protection, Prosperity.

**Position of 2 - A Being towering over an Aspect of Divine Mother both of whom are wearing robes that emanate the color of New Leaves in Spring, Life & Nurturance, New Life and Nurturance.**

**Position of #3 - A Cosmic Guardian and an Aspect of Divine Mother, the stream of Light is in two separate streams, one is a Baby Blue, and the other one is Baby Green. The Blue represented the 5<sup>th</sup> Dimensional Aspect of Power, the Green, the 5<sup>th</sup> Dimensional Aspect of Health or you can call it Abundance & Health, Health & Wholeness.**

**In the position of 4 - A Cosmic Guardian towering over an Aspect of Divine Mother both of whom are emanating a Warm Yellow Light that is the color of Joy & Gratitude.**

**In the position of 5 – An Aspect of Divine Mother is towered over by a Cosmic Guardian who is emanating Lilac Light and this Lilac Light is for the Balancing of the Polarities of Male & Female, Lilac Light.**

**Position of #6 – Mother of Universe towering over an Aspect of Divine Mother, carrying the Energies of Divine Love in a Vibrant Pink Light.**

**In Position #7 - A Cosmic Guardian towering over an Aspect of Divine Mother emanating a Pearlescent Gray colored Light that has a drop of Purple in it, and it is the Energies, the Vibration, the Guardian of Empowerment. This Guardian is herself enhanced and overlit by Great Silent Watcher who gives her power.**

**In Position of #8 – It's our own Beloved Goddess Victory towering over an Aspect of Divine Mother offering her Frosted Blue & Platinum, as well as her Pink with Gold, again a two tongued Light streaming, one side of it is the Pink with Gold & Platinum, the other side of it is Platinum with Frosted Blue. Bathe in the Energies. Goddess Victory is very special to all of us. Bathe in her Energies.**

**The Position of 9 – A Cinnamon colored Cosmic Guardian towering over an Aspect of Divine Mother and her Energy has that sweet aroma of cinnamons, and it is the color and the range of Vibration of Sweet, Kind, Karuna. Energies of Sweetness & Kindness, a Cinnamon colored Light. A Warm Cinnamon colored Light.**

**In the position of 10 – Cosmic Guardian of Divine Plan with her Warm Orange Light towering over an Aspect of Divine Mother, pouring down her Warm Orange Light. This is yet another Being that is very important for each of you and for the future of Earth. Because her presence with us on Earth at this point means all bets are off, all old ways are no longer valid and that we're moving in a much better and higher future plan for Earth and for all generations who live on Earth. I will talk about this in a moment.**

**In the position of 11 – There's a very tall female being, a Goddess towering over an Aspect of Divine Mother, emanating a Reddish Brown or a Brownish Red, like the color of maple leaves in early summer, and her Energy is stepping the Cosmic Vibration of Abundance to make the Life Force from Earth and Earthly Abundance more profuse and more vibrant. So she is the Cosmic Guardian of Earthly Abundance. She brings abundance from its Cosmic Source, gives it to Earth and then allows Earth to be generous and compassionate towards all of you. So again, she is another Being who's very important.**

Now I ask you to envision holding Divine Mother's hand, and together we go in. In the center of that circle there is a seat of beautiful Maroon colored or Copper Gold colored velvet, Copper Gold for Divine Mother and Maroon, also a new Energy that we will talk about in the future. So whichever one of the two colors calls you: you can sit on the velvet seat that's emanating Copper Gold- that's Divine Mother's own Energies- or sit on a Maroon colored seat; imagine sitting on whichever one is calling you.

When you sit on that seat, notice Divine Mother goes and stands behind your chair and she's towering over you, and then notice that Great Silent Watcher stands in front of you. To your left Cosmic Mother of Cosmos stands in front of you to your right, in this way the 3 of us make a triangle around you. And this triangle is a revolving triangle where your sit and the triangle of Mother, Great Silent Watcher, Mother of Cosmos revolves going from position of 12 to 1, and then circling all the way around 1 2 3 4 5 6 7 8 9 10 11 back to 12 again. In this way we're bowing down to each one making them aware that everyone in the group is present. Each of you envisioning yourself as the one seated in the center with your loved ones, if you so wish to invite them.

Divine Mother's Gift for this session-Now, the gift today is that I will introduce you to 4 new Cosmic Guardians. They are going to be positioned in a square formation, so you are in the very center seated upon your seat. There's a triangle around you and then there's a circle of 12. What we're going to do is to put this square with 4 new Cosmic Guardians in between the two, so you in the center, then the triangle, then the 4 Cosmic Guardians, and then the 12 in the circle.

So if you were looking to, in front of you to the left (in the North West), and your revolving seat is now positioned more or less in front of the position of let's say 10 o'clock, so now you're turning to face the position of 10 o'clock right in front of the position of 10 between the 12 Cosmic Guardians and the 3 in the triangle. The first Being a Cosmic Guardian towering over an Aspect of Divine Mother vibrating the color and the range of a Smokey Quartz with Gold veins, a Dark Smokey color with Gold veins. This is the Cosmic Guardian who will Balance the Polarity of Light and Dark so there's a Smokey almost Black with Gold representing the Dark and the Light, the Smokey as the Dark and the Gold as the Light.

The reason why this Cosmic Guardian is needed is because this world of duality you live in is made of at each end of the spectrum, it is made of the dark on one end of the spectrum and light on the other, and sometimes it's difficult to imagine that there's such a vast polarity, because you normally live somewhere in-between the two. This is duality, so it means you experience both. Some days are good days, some days are bad days. In the course of one day you can have good events and bad events; things that make you happy and things that make you sad, sometimes they happen one right after the other.

We've called upon this Cosmic Guardian to induce, to enhance, to bring a position where there is a balance. With her on your side, your life doesn't go on a huge spinning cycle of downturn, nor in a huge spinning cycle of upturns, because either one in this position of duality can get out of hand. When you have an upturn and it continues that way sometimes it ends up being taken for granted and then when the downturn happens it's more impactful. Your fears are magnified, your pain is magnified, your struggle is magnified, because you didn't expect anything to turn you back down and land you on the ground level again. By the same token, when the periods where you have a rough time keeps repeating itself and you keep rolling with the punches you get to a point where you give up hope, and hope is very important. We'll talk about that in a minute. So this Cosmic Guardian carrying a vibration that is a Smokey Quartz color with Golden rutilated veins is the Guardian of Balancing the Polarity of Dark & Light.

It really is important for you to understand that she holds that balance, and **that it is to your best interest to constantly go to her and say give me the balance.** When your emotions run high in the positive direction it's good to pull them in, and know that things do change and sometimes they change fast. So using her presence, her ability to give you detachment, and the reverse is true. When your emotions start getting the best of you, when you become hopeless and when you become fearful it's also good to be with her to ask her for help. So before you get to that place of giving up hope, giving up your ability to say I can do this, I can detach from this, this too shall pass, run to her, Cosmic Guardian of Balancing Duality of Dark & Light, Cosmic Guardian of Balance. It's so good that you keep pulling yourself back to the center because that's where you belong, and it's very easy to fall off center and be off kilter.

**Too much joy is as dangerous as too much grief because right behind the height of the joy could be a downturn, that's the quality that's represented in duality.** That's why sometimes people say we had a great day I wonder what might happen tomorrow. I don't want you to think that it's necessary for you to have an expectation that if life is good, something bad is going to happen. This is why we've called this Cosmic Guardian to remove all those fears. By the same token I don't want you to give up hope and go into a place of fear thinking if you've had a run of bad luck for a day, a week, a month that you'll never get back on your feet again. **This Cosmic Guardian will help you return to that balance, return to the middle ground.**

We bow down to her, and I want you to imagine that she's sending her Light to you, and those of you who have your guards down, **if you so wish, let her absorb you into her Being. Bathe in her Energies for a moment as you sit with the Divine Mother Aspect that is stepping down the Energies, and then imagine that your energy comes back and you are seated upon the seat at the very center, we bow down to her. Pause for a moment and absorb the energies.**

And now I am going to ask you to **imagine that your seat spins in front of you to the right in the position of 2 o'clock.** In front of the Cosmic Guardian in the circle of 12 there's another Being, the second point of this square we're drawing, and this Being is the Cosmic Guardian of Abundance, emanating an Emerald Green Light. We had Prosperity as #1. We had Earthly Abundance in #11, either one on either side of #12 who magnified their Energies with her Power & Protection with the Cobalt Blue. **And now we have a Cosmic Guardian towering over an Aspect of Divine Mother who brings the Emerald Green Light of Abundance, this is specifically geared to Abundance, at this present junction of Earth, the level of Abundance specifically that allows you to have material resources, financial sustenance. That's why it is Emerald Green and this Emerald Green also carries the Energies of Health & Wholeness.**

**The first pillar of attracting abundance to yourself is that you are healthy and whole. Healthy and whole in the body, in the mind, in the emotions, in the soul, and in the spirit that creates a unit, a human being that can do anything. That's a description of soul who can truly move mountains. When you are in a position where you vibrate to this Emerald Green Light you pull perfect health, wholeness, perfect relationships, perfect social life, perfect business life, and by perfect I don't mean there won't be highs and lows I mean the level of perfectness that you are happy and content knowing some moments are higher, some moments are lower, because it's the nature of this reality but you're always bathing in this Emerald Green Light.**

So once again we bow down to her and allow the Emerald Green Light to emanate to you and let your guards down, absorb the Energies and if you're ready to be pulled into the bosom of Divine Mother Aspect who's emanating the Emerald Green Light and translating the Cosmic Source of that Emerald Green Light to be absorbable and digestible by your body and your being then please do so and breathe and bathe.

Now let your energies be pulled back and imagine yourself seated at the center again. We bow down to this Being, it was very powerful. You all anchored that Energy really well, I'm proud of each of you. **We bow down to this one and your seat turns this time stopping before #4, the third point of the square and you'll see another Being as the 3<sup>rd</sup> point of this square. This one towering over an Aspect of Divine Mother, the color is the color of Pomegranate Seeds and it has that same shine as if it is shining in the Light, and her Energy and her Life Force actually is for the Balancing of Your Life Force. Balancing of the Life Force that moves through you, and the reason why I have requested the presence of this Cosmic Guardian is that as you have been noticing, there are times when you have a lot of Life Force moving through you, you can do a great amount and then there are periods where you are feeling worn out and weak.** Sometimes you may feel even stagnant or unable to move the stagnant energies as if you are walking through tar and molasses. Therefore, **we have called upon this Being and the Bandwidth of Light that she brings which is that color of the Pomegranate Seeds with some Light shining in it, almost like a Maroon colored Light, and this is why I said if you wish to sit on the Maroon colored velvet by all means do so. That is because it helps you balance your Life Force within your Physical Body and your 5 Body System. It also brings to a centered place the polarities of doing too much and losing your energy, doing too little because you have no energy, so balancing your Life Force, Balancing your Energy, releasing and removing stagnancy.**

**If you are in a place where you feel you are weak, you are stagnant; this is the Being you want to go to. This is the Being you want to work with. This is the Being you want to wake up every day and offer that day to her, and the Aspect of Divine Mother who steps down her Energies to be completely absorbable and digestible by your Physical Body, 5 Body System & Light Body. So once again you are facing this Being who stands between the triangle and the circle of 12 at the 3<sup>rd</sup> point of this square or cube, and she's offering you this Pomegranate Seed colored Light.** The reason why I don't say Maroon is that I don't want you to think of a Maroon colored Light and miss the shine. When you open the Pomegranate and you pull one of those clusters, there's a shine that moves through each of those little seeds. There's a sparkle and I want to make sure that you **see the Sparkle that carries the Life Force, and it fills your body and being with that Life Force.** Again if your walls are down and you feel comfortable, you may let her shine her Light through the Divine Mother Aspect. See yourself fully absorbed into the consciousness of the Divine Mother Aspect sitting in the bosom of the Divine Mother Aspect with your Life Force Energy coming to a place of complete balance, not overextending yourself, nor over- withdrawing yourself, just the right amount of expansion while using your Life Force to do good, and saving your Life Force to be consistent and to continue to do good under her advisement, under her guidance.

Now turn the Energies back into your body and we bow down to her with great joy. **Let's make a point of remembering her, let's ask her on your behalf, that whenever you are moving in the direction of too much Energy expansion or the opposite, too much Energy withdrawal, that she would come forward and give you the balance you need. When you have too little, that she would give you more to help you expand and accomplish everything you need each day, and when you are overextended, for her to help you accomplish what you need and not be exhausted, not overextend your Life Force and then be short the next day or the next week, or the next month or be sick, just so your body and being can recuperate.**

This Being has been invited so that we can eliminate sickness in all its forms. The temporary ones that are like a simple small cold or a flu that will get you down for a day or two or the ones that become more chronic or acute and might take much longer to recover from, the idea is that her presence by your side and her watching eyes will help you to just extend yourself to the right amount, not to overwhelm yourself nor to weaken yourself, but to always be able to accomplish all you need to accomplish and have enough Life Force to do more the next day and the day after. Very important Being. Very important

Energy Bandwidth to work with, remember this Pomegranate Seed with Shines and Sparkles. You can say Maroon colored with lots of Platinum Sparkles but I really like the Pomegranate Seed analogy because it really feels like it's bursting with Life Force Energy.

**Your seat turns one more turn and this time it stops at the position of 8, right in front of Goddess Victory, and there's this Being whose Energy is emanating like Tongues of Fire with Pinks and Yellows, Oranges, some Red, Clay Red and they are like Streams of Light interspersed into each other, and this is the Cosmic Guardian of Hope. We call her the Cosmic Guardian of Hope because again we have requested that she would come to be reinforcement for the other three. The Divine Mother Aspect is seated, as the Cosmic Guardian of Hope is standing and towering over her; and you can feel it's like putting a whole bunch of flames of those colors, the Yellows and the Oranges and the Pinks and the Reds together. Each of those Tongues of Light has its own entity, but there also together. They're not Peach, they're not Pink, they're not Orange, they're certainly not Yellow, but they are all of those colors and they have the Qualities of all those colors. The Hope is made of the Life Force Energy of Red, the Vibrancy of Orange, the Joy of Yellow, the Love of Pink, - Red, Orange, Yellow, Pink all come together to bring you the Energy of Hope.**

We talked about the one that stands in the position of 10 o'clock balancing the Polarity of Light and Dark, this Being helps that Being. At the same time she helps the other Being to her other side, the one that helps you balance stagnancy with overextension, the overwhelm and over-withdrawal. At the same time she balances the one with the one that's across from her. In order to have abundance you have to be hopeful, which means you have to believe in yourself. You have to believe that you're capable of accomplishing anything. So when I say she's the Cosmic Guardian of Hope, it's a whole range of Qualities. It's hope, it's confidence, it's self-esteem, its self-acceptance, its compassion, this is why the Pink is necessary next to the Orange, next to the Red, next to the Yellow. You need to be joyful and positive, accepting and confident, have self-esteem, self-acceptance, have compassion, have hope. So as we bow down to her, I ask you to see if you want to merge into her Energies and let the Shaft of Light pull you into the bosom of the Divine Mother Aspect and then feel the Bandwidth of Light of each of the segments, each of the Tongues of Light, the Yellows, the Oranges, the Pinks the Reds to each offer you their Light, their Life Force, and when you're ready you can pull yourself back in.

**I ask you to do this exercise for the course of the month by getting up every morning and envisioning you're in this room sitting in the center, Great Silent Watcher, Mother of Cosmos, Divine Mother make the triangle around you, the closest ones to you. They magnify everything that these other Guardians send to you. On the outside of the triangle the four new Cosmic Guardians, Cosmic Guardian who Balances the Polarity of Light & Dark, Cosmic Guardian who brings Abundance, Cosmic Guardian who Balances the Life Force Energy, Cosmic Guardian of Hope and I ask you to invite them, invite the four into your life and say,-- *"make yourselves known to me please, walk with me, let me show you what my day is like and I ask you to balance the events and circumstances, balance what goes on inside of me and help me find balance in what goes on around me"*.**

Because every balance that you expect starts with you, it even starts within you. **If you have balance within yourself you can calm the environment around you, you can turn the environment around you to your most desired state and the 4 of the Beings who have now joined us are perfectly capable of helping you.**

Meantime be aware that the 12 are there, and even if you don't remember their names, which it's a good idea to go back to the previous sessions or to simply print from the transcript, or write, make a diagram for yourself, and right their names and just read them. After a while you'll remember them, the 3 in the triangle, the 4 in the square and the 12 in the circle. At some future point there will be 6 new Beings who will be between the 4 and the 12 but their time hasn't come yet. They haven't even arrived. They're still

observing, and we have awhile. Their arrival depends on how well you anchor the Energies of this 4 because what they do is to take you to the next level after you have anchored the Energies of the 4. We have anchored the Energies of the 12, I'm very happy about that, and there's a huge acceleration that is going on. That's why if you feel things are flying around you and events are happening one after the other and it's a little close for comfort, then I ask you to please remember it is all because you're being accelerated.

**You're being accelerated out of the old paradigm into the new paradigm. So there's a concentration of events, so it is as if you run through events instead of walk and stroll through them.** When you stroll through them, what happens? Then you take a breather and the next one happens and you take a breather and you sit down, then the third one happens. Right now they're falling on top of each other and at times you feel – what is going on? **And you end up having sleepless nights when it's a full moon, when it's a new moon, when it's the first quarter, when it's the third quarter, when it's a portal day, when it's an equinox, when it's a solstice, when it's a solar eclipse, when it's a lunar eclipse and one is falling on top of the other. When it's an earthquake, when it's a volcano eruption, when it's a flood;** yes, all of these are falling on top of each other and include manmade events and disasters that come from the place of people needing to express themselves, and those expressions even manifesting in the form of rioting or violence, but all of this has to come to the surface to be cleared because we've done the work for the old paradigm and so now we have to catapult ourselves out of the old paradigm and take a leap of faith and your right in that place where you've just made the jump, and you don't have a good footing and you don't know where you're going to land. Let me tell you you're going to land somewhere good on solid footing and things are going to smooth out. Right now things are condensed and concentrated and those pause moments in-between have been taken out, so it's one after the other and you keep rolling with the punches and you keep climbing. There's no time to stop to take a breather, please remember the 12, the 4, the 3. I'm always standing right behind you; I've got your back. You can count on me.

I hold each and every one of you with great love in my heart until we come back together June 6. I'm your very own Divine Mother. So It Is.

Nasrin concludes: Goodnight everyone.

Jim concludes: Thank you Nasrin, thank you Divine Mother and I thank all of you, goodnight everyone

Nasrin: Goodnight.