

PTE Mystery School

8-8-13 Gateway Portal Day

130909DIMO
© FAGU 2013

Hello everyone and welcome, this is Jim, welcome to the 8-8-2013 Gateway Portal Channeling. I thank you all for being here and thank you for offering yourselves in service and taking the time to be with us tonight.

I want to apologize for any miscommunication that was caused through the website and the newsletter about the timing of this event. Every live event that we have during the week days will be at 7:30 p.m. E.T. and typically on the weekends at 3:00 p.m. E. T. So I apologize that once in a while it gets misrepresented in the newsletter or on the site. I try hard to catch those things and make sure that it's always right but I appreciate your patience and more than anything else I appreciate your service whether you can be here live or you listen to it on the website, we thank you greatly.

Just a reminder for any of you who are new or who have been here only a few times, the audios of each one of the Gateway Portal Channelings are posted within a day, and sometimes within an hour of them occurring on the website, on the page that is for Gateway Channelings. If you are on the front page of the site, the home page of the site, you click on the Gateway Portal Channeling event and it will take you to a page, and on that page you will see past audios and you can click on the audio for this event. Every one that we've ever done is on the blue bar that you'll see on that page and you can scroll down and listen to any one that you choose. So thank you for being here and thank you for all that you do.

Tonight we are going to do our grounding meditation as we always do, but before we start I want to say a couple of things. One is that many of you have been waiting for the book *Surfing Realities* to be officially launched and we will have that book in the bookstore within a short period of time, certainly within a week or so, if not sooner for you to purchase on line. It is finally ready to go, and I thank all of you who have participated in its readiness, and I thank all of you even more for anchoring the energies that you have that would allow this book to be written and published. The work that we do together with Divine Mother is very important to what can be brought forth into this reality, in terms of energies, in terms of knowledge, in terms of wisdom, and I thank all of you for all the work that you do.

That being said, many of you have been with us for a long time and you've heard these channelings and you have taken courses and you're one of those that we call our core group members, the ones that have been with us since we started giving live events and doing the Mystery School back in 2008. I think you're familiar with these grounding meditations; you're familiar with the protection grids and all of the guided meditations in the style and the form that Divine Mother brings them.

To those of you who are new this will be new information, but tonight we want to focus particularly on what happens when we do a grounding meditation and which is the same as a protection grid, they perform both functions. At the beginning of every session that we do I do a grounding meditation usually, and then Nasrin speaks and brings Divine Mother, and at the end I usually have the last word. The reason for that is so that the male energies hold the female energies within them and hold them as a unit together. So that is the reason why that happens that way, beyond the fact that I want to thank Nasrin at the end of each session, because without Nasrin's ability to channel these Beings there would be no Mystery School. There would be no ability to get this knowledge in this way, in both the speed in which

we are able to bring these energies and anchor them, and to the heights that we can go to anchor these energies.

Importance of Grounding Meditations and Protection Grids

When we do the grounding exercise, you're grounding yourself to Mother Earth, which is your mother, is your home. As long as you are incarnate, as long as you are returning to this Earth to finish your karma and to finish your Divine Mission you are connected to Earth. So enhancing this connection does everything better, everything! I could list a number of things that it enhances, but it is really everything that you're going to do, and particularly it enables you, as you connect to the higher realms, to access higher realms and to be able to pull them down and anchor them into Mother Earth along with anchoring them into your body and your being.

It's very important as we go through these exercises, these grounding and protection grids to make a connection with each one of the steps so that you can have an energetic connection to each one that you can resonate with when you repeat them. We change the grounding, and we change the protection grids as we go along. Those of you who have been with us for a long time know that we are not doing the same protection grids that we did three years ago, we are not even doing the same protection grids and grounding that we did six months ago because this reality is dynamic- the energies that you are participating in anchoring with the help of Divine Mother- are having their effect and things are changing. So the latest, the best grounding meditation that we could have and the best protection grid that we could have for this moment is always the one that we are doing, the one that Divine Mother brings us. When it's time to move on because the energies have changed, to move on to a different grounding and protection grid, then she will bring that to us.

The reason that we need to move with Divine Mother in all of this, especially for those of you who have been with us a long time, is that in being with us a long time you're not only raising your own vibration, you're graduating to higher and higher levels. I would use the analogy, when we are in graduate school, when we are about to do a graduate school class, in that Divine Mother is going to come and we're going to work with her on graduate school level energies for Earth, humankind and even beyond, you don't go to the third grade and recite a nursery rhyme to prepare for it. You go to the information that you need for that graduate level course because that applies to the graduate level course and the lecture you are about to hear. So it is very important to keep up, because you are working with energies that are at very high levels- if you have been with us and attended many of these courses. You are following along and you're going to be working at this high level with Mother so you need to be protected in the same way.

For those beginners who are new to our Mystery School Teachings

If you are just beginning some of our Level I courses, they have different protection grids and they're not the same. The Angels of the Four Directions, for instance and some of the other protection grids that are in those courses are appropriate for that level. The ones that Mother is giving now for the Core Group Members is especially appropriate for our level, so think about that as we move along, it is dynamic what we are doing.

So, I was talking about protection grids and I was talking about the need to do the protection grid and the grounding exercises that Divine Mother is bringing us in real time, so that we can do the work that is appropriate to the energies that Divine Mother is going to be bringing. At graduate school level we bring graduate school level grounding exercises and protection grids. One of the reasons we do that is because, as we raise our vibration and we're working on these higher levels, interference comes in a different way, sometimes the phone cuts out. These kind of glitches and the little trip ups and things that happen along

the way can be caused by interference and things that are happening out there, and if we are not protected and were not grounded these things can happen.

Focus on Grounding and repeat the steps until you can feel them

So Nas and I are doing our grounding and I am going to take you through the grounding now, I think that we need to do that now and I am going to do it slow. I am going to do it slow because the way I am able to work with these grids the best, is the first time that I get introduced to them I do each step in such a way that I can feel the Energy shift with each step of the meditation. Sometimes it doesn't happen the first time I do the meditation, or the second, or the third, I keep working at it. I know that once I feel consciously, record within me that the tree trunk is around me, that the roots have encircled the Core of the Earth, that has an energetic signature that I can identify with, I can recognize it. So when I am doing the meditation and repeating it at a future date I have that memory of that, that energetic signature that I can use to do my meditation maybe a little bit faster, but certainly a little bit better, because I lock into each one of those Energy signatures and set up my grid. So we are going to do it a little bit slow so that you can each do that.

Tree Trunk exercise for Grounding & Protection

When I talk about grounding exercise and protection grid, and we've done many different grounding only, many protection grids, or at least we have called them just grounding, and then we have done a protection grid, but this tree trunk grounding is really its own protection grid. **It is one meditation and it does all that you need in grounding and protecting, if you do it right.** You should do it in the morning, you should do it at night, and when you feel ungrounded during the day you can reinforce it. Sometimes we say do it in the morning, do it at night and you think well I can do it in the morning and then that's it, I can do it at night and that's it. It's not that simple. Once you put it on correctly it should stay for you but you're still living your life in this world and things happen and you may have to reinforce it. If you are always consciously aware that you need to be protected and you need to be grounded and you need your protection on, then throughout the day you will in a blink of an eye be able to reinforce it and keep yourself protected. So there is personal responsibility here, in that you have to feel the energies that you're in and that are surrounding you. You have to feel your own Energy and you have to do what is needed to protect you.

Grounding with Uluru Rock

So take a deep breath and imagine that you are standing on Uluru, and we go to Uluru for many reasons. We start the meditation there because it is a sacred site, because it is the closest object to the heartbeat of Mother Earth, and by now our Signature Energy is resonating there. So when we go to Uluru and stand, I imagine that every one of us is standing around me. I feel with the bottoms of my feet what I imagine the red rock of Uluru would feel like if I were standing barefoot on it. I let myself expand to feel the massive rock, and it has an energetic feeling when I really connect with it. Then I go beyond that and I feel an energetic connection to all of Earth.

Now I imagine that I dissolve into Uluru. I am seeing a Pillar of Light around me. I am also seeing as I am moving slowly through Uluru the reddish color of the rock which is very nurturing, very close to the color of the Guardian of the Divine Plan, and I feel Uluru all around me.

Send Your Roots down to Earth's Core

Now sending roots down from the bottoms of your feet, from your Root Chakra, imagine that there are roots growing out of you and you're sending them down to wrap around the Core Crystal of Mother Earth, going down the Hara Line, wrapping around your Earth Crust Chakra, right beneath your feet, and going all the way down to the Earth Core Crystal. I imagine a huge Crystalline object beaming Amber Colored Light, and even though it's beaming Amber Colored Light, I know, I am aware that it is a combination of the Yellow Golden Light of the Core Crystal and the Red Life Force Energy of Mother Earth, making that Amber Color. I send the roots down, they're winding around, wrapping all the way around the back of the Core Crystal and I give a little tug with my roots to pull my feet even closer to Mother Earth. I imagine all of the entirety of Mother Earth, and I connect with Earth again, and with the entire globe as I am standing with my physical body on its surface, my consciousness moving through the Pillar down through Uluru.

I begin to pull that Amber Colored Light up through the roots and simultaneously I imagine that those roots are the roots of a tree that reaches up. The tree trunk moving all the way around me all the way up through the Thrones. As the Amber Light comes up through my roots and the tree trunk roots, which are one and the same now, I imagine that the Emerald Green Light has taken over for the bark of the tree- becoming the outside of this cylinder of the trunk of the tree- as the Amber Colored Light moves up through my body and being through the bottoms of my feet, through my Root Chakra, through all of my Chakras and my Five Body System.

Move up to Pool of Creation

I am pulling my Energy Bodies inward, so that the Green of the bark of the tree trunk encases my Five Body System. I am all inside the Emerald Green, and I send that Amber Colored Light all the way up through the tree trunk and I see the tree trunk now becoming branches and leaves into the Pool of Creation, and I see the Amber Colored Light from the Core of Mother Earth pouring into the Pool of Creation.

Now I see Great Silent Watcher pouring Turquoise Blue Light into the Pool of Creation that pours down through the tree trunk, all the way through the Thrones, all the way to my Crown Chakra, through my body and being through all of the Chakras of the Body, my Five Body System and Light Body, all the way down to the Core of Mother Earth. Filling the Core Crystal with the Turquoise Blue Light, being magnified by the Earth and the Earth Core Crystal and sent back up. I want you to feel how the Light, as it is sent back up, the Turquoise Colored Light as it is sent back up from the Earth Core Crystal is magnified. Feel how it's stronger now because you got the enormity of Mother Earth powering it back up to the bottoms of your feet and through your body and being. The Turquoise Blue Light from Great Silent Watcher pouring down through the tree trunk all the way through your body to the Core of the Earth and filling the entire Earth. I see it imploding and exploding and filling the entire Earth and its Five Body System as it magnifies itself to move back up to me, and further up through making a complete cycle to the Pool of Creation, a continuous flow.

Guardian of Divine Plan

Now see the same thing happening with the Guardian of the Divine Plan, the Warm Orange Light pouring into the Pool of Creation, being pulled down in through the leaves and the branches into the tree trunk, pouring down Warm Orange Light through your Crown Chakra, through your body and your being, your Five Body System, Light Body, down into the Core Crystal, imploding and exploding the Warm Orange out into Earth, the Body of Earth, the Five Body System of Earth, and being magnified and being pushed back up to you, and on through you all the way up to the Pool of Creation.

Now see that Goddess Victory is standing at the edge of the Pool of Creation. She's pouring in the Frosted Blue Colored Light with the Platinum Shimmers. It's pouring down through the tree trunk, through your Crown Chakra, filling your Five Body System and your complete Chakra System, moving all the way down, out the bottoms of your feet, your Root Chakra to the Earth's Core, imploding and exploding, filling the Five Body System and the Physical Body of Mother Earth and coming back up magnified, filling your body and being once again as it moves up to the Pool of Creation.

Cosmic Mother

Now the Mother of the Cosmos is pouring her Amber Colored Light, the Cosmic Life Force Energy, down into the Pool of Creation. It moves through the branches and leaves into the trunk pouring down-remember the Emerald Green around the tree trunk- Amber Colored pouring all the way down through your Crown Chakra, your body and being, throughout the bottoms of your feet, all the way down to the Core Crystal, imploding, exploding in the center of the Earth, filling the Earth and the Five Body System of Earth with the Cosmic Life Force Energy, the Amber, and pushing it back up to you magnified in intensity, filling your Five Body System and Light Body and moving all the way up to the Pool of Creation.

Now see that Sanat Kumara and Mother of the Universe are pouring the Fuchsia Pink, Vibrant Pink with a little bit of Fuchsia and just a dab of Violet in it, pouring it into the Pool of Creation and down the tree trunk, Fuchsia Pink Light filling your body and being, moving all the way down into the Core Crystal, imploding and exploding through Earth and the Five Body System of Earth, and magnified it comes back up through the Hara Line to you, filling your Five Body System and moving all the way up to the Pool of Creation.

Sanat Kumara and Universal Mother

Now our own Divine Mother pours her Copper Gold Light into the Pool of Creation, it moves down through the tree trunk into your body filling your body with the Copper Gold Light, down to the Core Crystal, imploding and exploding, filling the Five Body System of Mother Earth, and coming back up magnified to the bottoms of your feet, through your body all the way up to the Pool of Creation.

Divine Mother's Copper Gold Light

Hopefully I didn't go too fast that you weren't able to get a better connection with each one of these steps, and the Energy Signature of each one of these Lights, that is the same as each one of these Beings, and that you felt the magnification of each one coming from Mother Earth, and you feel the presence of each one of these Lights throughout your Five Body System, Light Body and Physical Body clearing you, cleansing you, protecting you.

When you go out in the morning when you go out into public, when you get up in the morning, you do this meditation. You see your Five Body System, and if you are going out, certainly pull your Five Body System and Light Body in tight, close to you so that the Emerald Green Bark of the tree trunk is enclosing you inside, all of these Lights, of all of these Beings are held within your Five Body System and Light Body, you are connected to Earth, you're grounded, you can feel your roots whenever want to. Whenever you think of it you can feel the roots wrapped around the Core Crystal, you can feel that you're tugging on Earth, grounding yourself to Earth at every moment while you're connected to the higher realms, but connected within by these great Beings within this tree trunk, within these Colors, within these Energies.

When you come home at night for the day, if you've been in areas, you're almost always going to be in areas that are of lower vibration, and you need to clean yourself, you could repeat this process. As you do the first step, where you're pulling the Amber Colored Light up through the roots, pull it up fast as a huge gushing of Amber Colored Light that comes up through the bottoms of your feet, clears everything out of your Five Body System and Light Body, all the gobbledygook, all the lower vibrations get blasted away. Send it all the way up and go through the process with a little bit of force with these Lights with the intention of cleaning your body and your being. If you need to repeat it a second time to feel like you are not still carrying around other peoples negativity, other peoples anger and just the heaviness of the external world, then repeat it a couple of times. Once you have really connected with the Energy Signature of each one of the steps you can do them faster and feel confident that you're getting the full benefit.

Sacred Altar at Earth Core

So find yourself now fully protected, fully grounded to Mother Earth and see that we're all standing together before the Sacred Altar at the center of Mother Earth. See that Divine Mother is holding your right hand, Copper Gold Light beaming from her, Victory your left hand. She's wearing the Robes of the Guardian of the 5th Dimensional Octave, so she has the Amber Colored Light Robes with the filigree Gold, with a seven tiered headdress on. Beyond her to the left, Mother of Universe in Vibrant Pink, beyond Divine Mother to the right Cosmic Mother of the Cosmos in the Amber Colored Light. Across from us Great Silent Watcher, the Perfected Presence of the Masculine Aspect to her right, and to her left the Feminine Aspect, and next to the Feminine Aspect the Cosmic Guardian of the Divine Plan in her Warm Orange Colored Light. The Masculine Aspect in the Emerald Green, the Feminine Aspect in the Pink with Gold, Great Silent Watcher in Turquoise Blue, and as always Guardian of the Divine Plan in the Warm Orange.

Omniversal Mother

Behind us the Three Omniversal Mothers, Purple for the first Omniversal Mother, then Aquamarine Blue, and for the third Omniversal Mother Clay Red and Gold. I kind of rushed that, but take a moment to connect with the Omniversal Mothers, each one individually, so their presence is felt, you can feel their Signature Energy. Of course with Victory and Mother it's easy to feel their Energy, as with Great Silent Watcher, Mothers of Universe and Cosmos and the Guardian of the Divine Plan. See 144,000 Silent Watchers standing shoulder to shoulder around us, Turquoise Blue Light beaming from them and ten billion Watchers around them. You can always feel when we bring the Silent Watchers and the Angelic Watchers you can always feel their presence.

So in the company of everyone that's on this call forming our Group Entity and in the company of all these Great Beings make your offerings to the Sacred Altar. Tell each one of these Great Beings how much you love them and appreciate all that they are doing for Earth, your loved ones, and humankind. I'll give you a moment and the next voice you hear will be that of our Beloved Nasrin. I thank you with all of my heart. Always remember to ground yourself, to protect yourself. You're not in Kansas anymore. You're in graduate level, and we need to remember to be diligent and vigilant in all of these practices. Thank you with all of my heart. So it is.

Nasrin begins (28:52)

Hello everyone and welcome to 8-8-2013. We have an anniversary to celebrate. This Gateway Portal Channeling event started on 8-8-08 and so happy anniversary to all of you, and to all of us, and to all the Core Group Members, and to all the beloved Deities that we work with.

I quickly want to tell you that Divine Mother wants us to go through these energies of protection and grounding, because we are moving through some energies that are a little bit harsh to go through. The reason for this harshness is that we were successful in bringing heightened energies this year, and when we got to the point where we reached Summer Solstice we anchored a huge new reality. One that is much more aligned with Divine Plan, and whatever resistance or opposition to that higher vibration, and that Divine Plan exists on our planet, is coming to the surface to be released. It comes to the surface in the form of anger, fear, sadness, grief and rage.

Of course there are also good qualities and energies that come to the surface but when those good energies and qualities come to the surface they don't need to be released from the body and being of people places and things. If we bring in energies of joy we can share it with one another without detrimentally affecting each other. It's when we bring up the energies of sadness, grief and fear that it starts getting to other people.

This is why, for all of you who are engaged in these practices of helping and serving to raise the vibration, it is of utmost importance to carry the grounding and the protection meditations. Much more important to do that then to continue with the exercises and I'll tell you why. When you do these exercises and your own quotient of Light goes up - as a result of practicing the various exercises that we do in order to anchor these energies- to be the conduit for the anchoring of the energies, to become the antenna that transmits these energies, we become very attractive, because we carry a lot of Light.

We shine like Quartz Crystals with our Light

The Energy that we're vibrating is the equivalent of the Energy of a beautiful, multifaceted, the clearest of the clear Quartz Crystals or the clearest of the Selenite Pillars, with many multiples of rainbows inside of it. Just imagine how much joy we get out of having a toy like that, one of those Crystals that is so clear, it's like a lump of ice without any cloudiness, and all kinds of rainbows shining inside. That's what we have become as we raise our own vibration.

As we embody the anchoring of these energies which are brought to our planet, including what we anchored on 6-6 when we brought in Sanat Kumara and we asked him to become the Logos that he was divinely ordained to become and for us to serve him. When we then took that to the next step, when we did ceremony for opening the energies and placing his Shield and his Seal, Sanat Kumara's Shield and Seal upon all the kingdoms, remember all of that happened when we all worked together.

So what is happening now might feel a little bit like a setback when you don't know why you feel upset, you feel angry, you deal with angry people, you deal with fearful people, you feel fear coming and going or getting to the place where it becomes uncomfortable physically and you wonder why am I feeling this stress? Is something wrong with my physical body? Is something needing to be fixed? Do I need to go check myself out? By all means always go check yourself out and let professionals make that decision, but remember that the more you put emphasis on grounding and protecting the easier it is to live through these energies that are coming to the surface and the less of obstacles and issues that might make us have a need to go and have ourselves checked out, and as we, the healers, get a chance to check each other out, and check ourselves out, cause there is also that. You know we can always check each other out. We can always check to see if the Energy Bodies are all in the right place, if the Chakras are all spinning in the right direction, if the Energy is moving through in the right way through the body, through the Five Body System, through the Light Body, through the organs, through the Chakras. So there is a lot of emphasis right now.

Beware of Energies of Fear, Anger, Rage, Sadness, Greif, Resentment

The energies of Mars are influencing us as well; remember that Mars is a warrior planet. Also remember that 12,000 years ago Mars did something detrimental to herself and it caused a lot of disembodied energies, like pockets of anger, pockets of grief to come to the surface and it just disbursed into the atmosphere and some of it was transferred to our planet. So now Mars is getting closer to us. There is some talk about Mars being as close to us in the month of August as it has been in many thousands of years. So there is that to remember which gives us another reason to have more focus and mindfulness in grounding and protecting.

Harmonic Convergence

This month is also the energies of Harmonic Convergence on the 16th, so it stands to reason. Harmonic Convergence was the time when all humankind offered from their heart and their souls a plea for help from the higher realms. So again, if there is any force of opposition, if there are any lower vibrational energies, if there is anything that stands in the way of our success, it is coming to the surface and its being transmuted. No Energy likes the idea of being transmuted, and they don't take it likely, and they don't take it easily. So as we watch the transmutation process be successful, and as we realize that we have been instrumental in the success of the anchoring of the Higher Light in order to release and transmute the lower light, it's a very small price that we pay for being vigilant, for making sure that we do the grounding.

There are a few steps in the grounding and the protection that Jim just went through. The first step as he explained it is the roots. It is very important to send out those roots. It's very important to envision that you are sending your own roots from the bottoms of your feet and from the bottom of your tailbone, where the Root Chakra is, and to see it as you grow the roots and it goes to the Core of the Earth, and that it wraps itself around the Core Crystal, the roots of the tree that is your protection wraps itself around your roots. That's double protection and double grounding. Plus the Energy that those huge roots of the tree trunk, which goes all the way to the Pool of Creation carries over all the Hierarchies of the Thrones. That protection, that sustenance that wraps itself around your roots and around your body, it magnifies the impact of the grounding, the protection, the Energies of Abundance, the Energies of Health and Wholeness. So the sending of the roots is of utmost importance for grounding and protection.

The other thing that the sending of the roots does is that it clears whatever you pick in the course of the day or night from your body through your roots to the Core of the Earth. It's a way that you clear and cleanse your own energies within your Five Body System and your Light Body. It's a way that your physical body constantly is replenished energetically, and we need that energetic replenishment, why? Because we're working with this physical body, with our Five Body System, with our Light Body much more than the average unawakened person is. The unawakened person is only using the physical body and the physical instrument, not the energetic substance of the physical body and the Five Body System. **We use the physical as well as the energetic at all times, so we need a lot more clearing. We need a lot more sustenance.** So remember, the second issue is, that **growing the roots and allowing them to go to the Core of the Earth and being enveloped in the roots of the huge tree that is our protection and grounding tree, which receives its sustenance from Mother's Pool of Creation, that is our sustenance.**

It also brings the clearing and cleansing, purification, recalibration. Then it's important to remember as I said, we need our sustenance. So, you can get your sustenance coming from the Core of the Earth, at the same time we're balancing that with the sustenance that we get from the Core of the Pool of Creation. This meditation allows us to not only receive the sustenance, the Energy, the life force of the Pool of Creation but enveloped in the Energies of the Pool of Creation, is the Energies of Great Silent Watcher, is

the Energy of Goddess Victory, is the Energy of Cosmic Guardian of Divine Plan, Mother of Cosmos, Mother of Universe, Sanat Kumara, and our very own Divine Mother. So imagine how much more sustenance there is when we actually pull the Energies in and remind ourselves that all these Deities are there to provide their sustenance, their life force, their Signature Energy for us. So take it very seriously, especially for Members of the Core Group.

Nasrin's Waves of Bliss turns 20

You do not go back to exercise a grounding, a protection grid that was given six months ago, or a year ago, or two years ago, or five years ago. We go back 20 years. I was just thinking as Jim was talking, that Nasrin's Wave of Bliss was put up in 2004(should be 1994), so by the end of this year, we'll be 20 years old. It was put up by 1994. 1994 was when the site was first created, and it was called Nasrin's Waves of Bliss. So we will be 20 years old in a few months. So think of this, there are so many protection grids, there are so many grounding meditations and they're all wonderful, but just as Jim said, if you are a member of the Core Group, and if you have followed for all these years, it doesn't pay for you to go back and do a protection grid or a grounding grid that was given 6 months ago, a year ago, ten years ago, 20 years ago, why? Because you have graduated from those, and if any one of those grids were valid for you, who are every day, every day, every week, every month participating in the highest of the anchoring of the Energies, then we wouldn't be getting new ones. The moment that we receive a new grounding meditation, that's the moment when we have graduated from the previous one. You don't need to do the previous one, because the previous one is already part of your Five Body System, Light Body. It's ingrained, encoded into your body and being, and in a sense you can say, in spite of its encoding and its presence you're not really protected by the new energies, because you are working at kindergarten or elementary school level, or grade school level, or high school level, when you are at post graduate in the university level. So do the protection and grounding that is the latest, and do the exercises that are the latest.

The Latest Meditations have the Highest Energy for the present moment

I fully appreciate when you want to go back and do an exercise that was given two or three years ago. It makes me very happy, and I know that some of you do that. You just go in and look at something that jumps out at you and it's like "*yup ok, I am going to do this.*" I very much appreciate that, because when you do that you put Energy into that course which we have moved on from, and you enliven it for the people who are new, to be attracted to it. At the same time, remember, if you have all of five minutes it would mean so much more that you would do the latest exercise because the latest exercise has not been anchored by you as much as the earlier exercises. So always remember, the latest is the highest vibration.

The latest courses, the latest grounding meditation, the latest protection grid, the latest meditations, do those more so than going back and doing something new.

This does not apply to someone who is brand new-a beginner to our sites- and comes in and must absolutely start at Level One courses, but this applies to those of you who go from one week to the next and do the exercises. Those of you who have been doing the newsletter, the first newsletter came out in 1994 1995 and there are amongst you people who have been following it for that length of time and I'm proud of all of us for being able to sustain these energies.

So let us take a deep breath and let's pat ourselves on the back for all that we have achieved together and for everyone who comes from across the globe and joins us, and for everyone who calls others and creates group energies to listen to these Gateway Portal Channeling sessions. We bring everyone in and we offer a prayer of thanksgiving.

Divine mother's Meditation with Goddess Victory and Sanat Kumara: *Receiving and Nurturing the Twin Flames*

Divine Mother begin: (46:29)

My Beloved Children of Light I am your very own Divine Mother. What I want to do today is to give you the second phase, the second phase of the meditation that we exercised last month. I want to bring to your attention that Sanat Kumara was standing before you and Goddess Victory created a Bubble of Frosted Powdery Blue Light with Platinum Shimmers. Platinum for the Divine Feminine and for the Signature Energy of Goddess Victory and the Frosted Blue carries the Energies of Victory in its 5th Dimensional Signature Light.

You entered through the Bubble and you stood before Sanat Kumara and you allowed his Signature Light, the Fuchsia Pink Light of the Planetary Logos- the Light that is most resilient and appropriate for this moment of Earth's history, to emanate from the Planetary Logos- and you were gradually magnetized and absorbed into Sanat Kumara's Light and Beingness. At that point I requested that you see yourself lying down, absorbing the Life Force, the Fuchsia Pink Light from Sanat Kumara, while establishing a relationship with him, where you speak to him, tell him about your life story, tell him about your loved ones, tell him whatever you wish to share with him.

Sanat Kumara's Sphere of Twin Flames

I want you to envision now that Sanat Kumara places both hands over his own chest and from his chest he produces a small Sphere. Inside the Sphere, a flame is burning. When you look directly at the flame you notice that it has two tongues of fire. This is the Twin Flames, from the very heart of Sanat Kumara. Sanat Kumara will hold this small Sphere in the palm of his left hand and he will hold his left hand close to your own chest. This Sphere is magnetized to your chest and it lodges itself in the space between your Personal Heart Chakra and your Cosmic Heart Chakra, and the double flame begins to elongate and spin inside of the little Sphere within your own chest.

Sanat Kumara places the palms of both hands over your chest and I ask you to place your hands over his hands and look into his eyes and feel the Fatherly Love; the Love of the Teacher, the Mentor, the Father, Ancient of Days. Feel the Love that he has for each of you. As you look into his eyes, ask him to awaken the memories of the many lifetimes that you have spent by his side serving shoulder to shoulder with him, changing the lives of the multitudes and masses, not just on this Earth, nor only on this 3rd Dimensional Realty, but in many Dimensions of Realities, and in many, many planetary bodies within and beyond this entire universe.

If you had not spent time with him you would not have earned the merit to be this close to him now. If you did not share a lineage with him you would not have the opportunity to spend time with him now. Every one of you who is standing before him will play an extremely important role in his return to Earth, in his awakened consciousness seeping into the Five Elements and awakening all the unawakened souls.

Every one of you are the antenna for transmitting the consciousness of Sanat Kumara into the Five Elements, into the Personal Body Grid of the Newly Awakened and Unawakened Souls as well as other Intermediate and Advanced Souls such as yourselves. Every one of you is changing history. If you can hear these words, if you have the merit to read the transcript of this session, then you have been called by Sanat Kumara. Therefore to remember who he is, what he means to you, and furthermore

to remember who you are and what you mean to him and to this world, to this universe, to this cosmos.

Look into Sanat Kumara's Eyes and Remember

Look deep into his eyes, feel the spin of the elongated flame inside of the small Sphere, and know that every spin of that flame inside the Sphere is a magnification of the return of your memory banks and your connection to Sanat Kumara, to your own soul connection with him and his Soul Lineage, to bringing all Soul Lineages of Earth together under one umbrella, where everyone remembers he's here to serve humankind.

He's here to rescue humankind, he's here to rescue Earth and every one of you and every one of us together are here to serve him accomplish this task. Even those Deities whose title and status is higher than his are here to serve him, because serving him accomplish what he promised to accomplish for Earth and humankind will enhance the entire universe. When he succeeds, and succeed he shall! When he succeeds in fulfilling his promise to rescue Earth and all humankind, to clear and cleanse the 3rd Dimensional Reality and to return the integrity of higher Dimensions above the third on behalf of souls, then his success will be the success of all layers and Dimensions of Reality and all souls, from those completely asleep to those completely awakened on Earth and beyond, and then the mass awakening, and further the mass ascension for Earth and for all souls will be possible. Once again Sanat Kumara will prove that he knows his stuff, that he knows what he is doing in spite of all the opposition and obstacles that were thrown on his path.

For the course of this month as we move into the Energies of the month of August and enter into September, with the hope that Fall Equinox will be even a higher anchoring of the most Divine and Sublime Energies of the Planetary Logos, and the fashioning of the most sublime of the Angelic Forces to serve you and to serve him. What we need to do is to go through this month of August and be a witness and a participant in the transmutation of the dross which is coming to the surface. This dross is attracted to you because your Light shines upon all. So protect yourself, ground yourself and place yourself as close to Sanat Kumara and Goddess Victory and Great Silent Watcher as you can, at all times.

Call on Great Silent Watcher to Protect you & Clear your Energy Field

Whenever you feel your Energy is out of sorts, you are feeling out of sorts, something is amiss, the first thing you do is to call on Great Silent Watcher, I have her permission to give you this dispensation. She has agreed to come to you and to protect you, to transmute any energies that may cause you harm. **So do the clearing the moment you feel out of sorts; if you feel angry, you feel fearful, you're suddenly sad, you feel rage or if you are exposed to someone who is doing that, or to some place, something-something that someone has touched with angry feelings and that thing carries that anger and you touch it and you feel it. You may not notice it in that moment, it may be an hour later, and it may be a day later when that Energy of anger has fully lodged itself into you.** That's when you say, "*why am I so angry?*" That's when to call Great Silent Watcher and you say, "*Great Silent Watcher please clear my Energy Field, clear my Five Body System, clear my Physical Body, clear my Light Body of all energies that are not mine, that I don't need. Clear me and mine.*"

You can do this for your loved ones as well. You can even do it for your not so loved ones, the boss who is giving you a hard time. Call Great Silent Watcher and ask for protection for that person, for that person to be protected from himself or herself, from their own anger, from their own fears, and for you to be protected from their anger, from their fears, from their grief, from their indecision. Always, always, always, go to Great Silent Watcher for clearing and cleansing even if you feel, I am not sure I need one

but I am going to go to her. I am falling asleep and I am going to say, Great Silent Watcher, I am holding my Scepter, I am kneeling before you, I ask you please to do a clearing while I sleep.

Always for the course of this next month, especially when we are moving through the energies of today, the 12th of August, 18th of August, 16th of August, 22nd of August, 27th of August, 29th of August, 30th and 31st until we are out of this Energy and move into the Energy of September. Always see yourself in the Bubble Frosted Blue Light of Goddess Victory and sitting so close inside the energies of Fuchsia Pink Light of the Planetary Logos and constantly remind yourself that this Sphere that carries the Twin Flames, the flame that unites you and Sanat Kumara together is burning in your heart and it tis spinning to magnetize the love that he feels for you and the love that you feel in service to him. The love that you feel for him as the Father, as the Logos, as the Mentor, as the Teacher, and as the Ancient of Days, and always see yourself inside the tree trunk, and feel the roots receiving nurturance from the Core, and feel your Antahkarana Cord filled with the Energies of all the Deities bringing their Signature Energy into your body, constantly replenishing you.

I hold you in my own heart with great love. I cherish every one of you with all of my heart. I am your very own Divine Mother. So It Is.

Nasrin concludes: Thank you everyone and goodnight.

Jim concludes: Thanks Nasrin thanks Divine Mother, Great Silent Watcher, and thank you Sanat Kumara and I thank all of you, goodnight.

© FAGU 2013