

## Grounding Summary

Visualize that you are standing on top of Uluru. Be aware that everyone that reads this meditation is standing there with you.

- Feel the rock pulsing around you, and as we dissolve and move through to the Hara Line of Uluru to move towards the center of the earth, visualize you are suspended in the air within a Pillar of Light, before the horse shoe falls at Niagara Falls. Bring in the energies of Niagara Falls, bring in the Water Element. See Niagara Falls in front of you. See yourself in the Pillar of Light anchored in the vortex before Niagara Falls, as you slide down to the core of Mother Earth.
- Take a deep breath and as you are standing in the Core of Mother Earth see the Amber Colored Light all around you.
- Let it be absorbed into your body and your being and see the Sacred Altar before you and take a moment and set your intentions in this sacred fire at the Core of Mother Earth.
- Now see the Amber Colored Light that is around you being absorbed into you and send it up your Antahkarana Cord all the way up through the Thrones and see it move all the way up to the Throne of Creation and spread out like the branches and leaves of a tree.
- Pull the Cosmic Life-Force Energy, the Amber Cosmic Life-Force Energy back down, let it cascade through all the Thrones, and as it does it imbues those Thrones with this Cosmic Life-Force Energy.
- It moves all the way down through your Antahkarana Cord to your Crown Chakra, filling your body and your Being, filling the entire Core of Mother Earth with the Cosmic Life-Force Energy - pulsing.
- As we send the Life-Force Energy of Mother Earth back up the Antahkarana Cord we will spin and spiral together through the Pillar of Light up all the way through the Thrones to the Throne of Absolute.

See yourself standing before the Sacred Fire at the Throne of Absolute.

- See to your right, Divine Mother beaming Copper Gold Light.
- Great Silent Watcher standing on the other side of the Sacred Altar, towering above everyone, holding her Scepter above this crowd, Turquoise Blue Light pouring everywhere.
- See Goddess of Victory standing to your left, emanating Golden-Yellow, Platinum and Pewter Colored Lights.
- To your left Cosmic Mother of the Universe - Vibrant Pink Light.
- To your right beyond Divine Mother, Cosmic Mother of the Cosmos with her Amber Colored Light.
- Behind you and behind Goddess of Victory the three Omniversal Mothers are standing. Our Omniversal Mother beaming her Purple Colored Light, Omniversal Mother beaming Ice Blue Aqua Marine Blue Colored Light, the third Omniversal Mother, beaming Clay Red and Gold Colored Light.
- See around us 144,000 Silent Watchers and 10 Billion Angelic Watchers beaming Turquoise Blue Light.
- See that all around you is Maroon Red. Every surface around you is a Maroon Red velvet substance. Even the Flames are Maroon Red and even the bottom of the Altar is the same velvety surface in Maroon Red.

## Healing Ceremony

My beloved Children of Light I am your very own Divine Mother.

Take a deep breath and visualize that Goddess Victory is moving towards the Sacred Altar.

Goddess Victory takes some Sacred Ashes out from the bottom of the Altar. The Sacred Ashes have a velvety Maroon Red hue to them.

**The significance of this velvety Red Light is that it carries your own Divine Purpose within it.**

- She stands face to face with Divine Mother. She holds her hands out and I lay my hands on hers. I add my Copper Gold Light and it becomes Maroon Red mixed with Gold and it becomes a paste.
- I will connect the energies of this Paste to the Sixth Ray. Remember that the color associated with the Sixth Ray, the Ray of Divine Service, is Maroon Red with Gold and Lady Nada is the Patroness of this Ray.
- She places her Right hand over your Third Eye and her left hand on the back of your head below your Crown Chakra at the corresponding point to the Third Eye.
- Throat Chakra and on the back of your neck where the Channeling Chakra is located.

I ask each of you to envision all the Children of Light, your own loved ones, and all the Indigo Souls are receiving this paste in the same way that you are receiving it, directly from Goddess Victory.

I ask you to envision that they too are able to receive and absorb the energies from this gift. Imagine that their wounds are healed from it. I ask you to envision that every soul that has crossed paths with you is capable of receiving and absorbing this healing paste.

- It is absorbed into your Physical Body Cocoon, Etheric Body Cocoon, Emotional Body Cocoon, Mental Body Cocoon and Spiritual Body Cocoon. Then the color of the area returns to the color of your own skin, while the energy is absorbed into the Five Body System and further moves into your Light Body.

**As the paste is placed on your Chakras and it moves into the Energy Bodies and illumines your Light Body, you are realigned with your Divine Mission.**

- Goddess Victory is now bathing your Cosmic Heart front and back. I have blessed it and it's rubbed on your Cosmic Heart.
- Personal Heart Chakra.
- Goddess Victory now places it over the Seat of the Soul Chakra.

Goddess Victory brings the next pile of the Maroon Red velvety Paste, blessed by your very own Divine Mother and places it over the Solar Plexus, on the front and back of your body.

It is absorbed through your belly button and through the corresponding point on your back; and it releases the dross, the fears, the pain, the feeling of powerlessness. It brings healing to the entire region, which is your Power Center and it expands to your Five Body System and moves further to illuminate your Light Body.

- Goddess Victory now places it over the Sacral Plexus, front and back.
- Root Chakra, she is going to put front and back and below, between your thighs directly over the area that is considered your Root Chakra.
- Front and back of each thigh, knee, calf, ankle, and to top and the bottom of each foot.
- Earth Crust Chakra.
- Pour down your Hara Line to the Core Crystal of Mother Earth. Breathe and Bathe.

Feel the Core Crystal throbbing; the color first turns into this Vibrant Maroon Red mixed with Gold. Then the wave pulse of this Maroon Red with Copper Gold expands from the Core Crystal to the surface of Earth into the Five Body System of the Earth, illuminating the Light Body of Earth. Envision that every soul from the Indigo Lineage- those who were born since 1972 to present- receive, absorb, digest, process and illuminate the Light. Lady Nada's Sixth Ray is Maroon Red with Gold; add Copper Gold to vibrate closely to Divine Mother's Energies embracing the Sixth Ray of Divine Service.

With this ceremony, this grid, you help the process of awakening and guiding the Indigo Souls and all souls relevant to them.

I ask you to repeat this exercise daily for at least 9 days and preferably for 33 days. After nine days you don't have to continue to visualize Goddess Victory and Divine Mother blessing and placing the paste on your Chakras because it would already be there, your Five Body System will be illuminated and your Light Body fully lit with the impact of this Maroon Red Light, the Light of Divine Service. Then all you need to do is to reinforce it in your Body, 5 Body System, Light Body and then send it to the Core of the Earth and let the Earth pulse, sending it to its Five Body System and illuminating the Five Body System of every Indigo Soul, every new born soul, and every soul who is relevant to this work. Any soul who is already awake or awakening is relevant.

© FAGU 2012