

Metatron: When you say your affirmations you must believe them, so much so that nothing can make you take your eyes away from the presence of the I AM. Say it from your heart. Say it from your mind. Most importantly, say it from your gut, that part of your being that knows right and wrong.

First say the INVOCATION, then say the MANTRA FOR CLEARING OBSTACLES, then say the MANTRA FOR EMBODIMENT OF I AM THAT I AM

### **INVOCATION**

From Metatron 10/9/02 - Channeled by Nas in Hudson MA

I call upon the guidance of Lord Metatron and all the masters and mistresses of Light who will step forth to assist us in releasing our dross. Lord Metatron call forth the rays of remembrance, the energies of empowerment, and the light of clarity to come to our assistance. Together we all invoke the presence of the I AM THAT I AM to merge and unite with us. We immerse ourselves in its beingness so deep and so complete that we experience full merging now!

### **MANTRA FOR CLEARING OBSTACLES**

From Metatron 10/9/02 - Channeled by Nasrin in Hudson MA

- From the point of light where the Undifferentiated Source and I are one, I call upon the clearing and cleansing energies of the I AM THAT I AM.
- From the point of light where the Undifferentiated Source and I are one, I call upon the Threads of Light to throw a blanket of protection over each one of us individually, over each of us as a group, and all that impacts us in the outer realms.
- I ask the I AM THAT I AM to manifest the electronic belt of protection around me and mine.
- I ask the I AM THAT I AM to throw the magic circle of protection around me and mine.
- I ask the magic circle of protection to cocoon me and mine.
- I call forth Star Astrea to clear and cleanse my energy force fields of all negativities that may intend harm.
- I call forth the I AM THAT I AM of all the Ascended Masters, the Brotherhoods and Sisterhoods of Light to assist me with this intention.
- With the Presence of the I AM THAT I AM I cleanse my path of all obstacles, all limitations, all shortcomings, all negative thoughtforms, and all cause and effect that may lead to harm.
- I am the perfected mighty Presence of the I AM THAT I AM.
- The consuming flame of the mighty I AM THAT I AM will cleanse me and mine of all that is unlike itself, leaving me and mine in total purity and innocence.
- I embody the perfection of the I AM THAT I AM everywhere I go in the inner and the outer realms.
- I ask the I AM THAT I AM to manifest the electronic belt of protection around me and mine.
- I ask the I AM THAT I AM to throw the magic circle of protection around me and mine.
- I ask the magic circle of protection to cocoon me and mine.
- I call forth Star Astrea to clear and cleanse my energy force field of all negativities that may intend harm.

## **MANTRA FOR EMBODIMENT OF I AM THAT I AM**

From Metatron 10/9/02 - Channeled by Nas in Hudson MA

- I AM the mighty power of perfected I AM THAT I AM.
- The perfected I AM THAT I AM in me will make right all wrongs.
- The perfected I AM THAT I AM in me will transmute all negativity.
- The perfected I AM THAT I AM in me is all knowing, all seeing, all acting in God's Truth.
  - I AM the embodiment of this Truth.
  - I AM the embodiment of God's Love.
  - I AM the embodiment of God's Light.
  - I AM the embodiment of God in Action.
    - I AM THAT I AM.
      - Light I AM.
      - Love I AM.
      - Bliss I AM.

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