

From Metatron 11/29/02; Channeled by Nasrin in Hudson Massachusetts, USA  
Invoke the name of Metatron before reciting. When you say these mantras, you embody yourself with illumination of the I Am That I Am. You bring forth life in the purest and most innocent essence. You bring the divinity of the Godhead into your body. You embody that divinity.

#### MANTRA FOR MANIFESTATION

I AM the mind of God; I AM the heart of God. I now bring forth from the mind of God ideas and accomplishments which have never been brought forth or accomplished before. I now bring forth from the heart of God the light and love that purifies Earth and all souls.

#### MANTRA FOR RETURN TO ORIGINAL BLUEPRINT

I AM the heart of God and I am the mind of God. I am returning to my pure and divine origin. I AM is my divine right. I AM is my pure light. I AM is my original blueprint. I AM the life and the resurrection.

#### MANTRA TO EMBODY THE I AM THAT I AM

I am the life and the resurrection. I am the resurrection and the life.

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